



Rest Periods 201.52

I. Policy

There will normally be a rest period which may be taken at a time and place and in a manner which does not interfere with the efficiency of the department. The rest period will be with pay and will not exceed 15 minutes for each 4 hours of work. The rest period is intended to be a recess to be preceded and followed by an extended work period. Consequently, it may not be used to cover a staff member's late arrival to work or early departure, to extend the lunch period, nor may it be regarded as cumulative if not taken.

SPG number: Applies to:

201.52 Regular Staff with the exception of those represented by a bargaining unit

July 1, 2005 Owner:

Next review date:

July 1, 2009

University Human Resources and the
Office of the Provost and Executive
Vice President for Academic Affairs

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